

# Horseheads Varsity "H"

# Girls Basketball Camp

## Grades 4-10

**June 30-July 3 • 11:00-2:00 (UPDATED)**

**Middle School Gym**

**\*\*Registration is online**

<b>Camp Location:</b>	Middle School Gym
<b>Equipment Required:</b>	<b>A water bottle, preferably labeled with child's name</b> Shorts, sneakers, t-shirt
<b>Registration Fee:</b>	\$85.00 (This includes a camp T-shirt)
<b>Make checks payable to:</b>	Horseheads Varsity "H" <b>**Bring on the first day of camp.</b>
<b>Camp Director:</b>	Andrew Scott, Head Varsity Girls Basketball Coach
<b>Assistants:</b>	Jerry Laney, Head JV Girls Basketball Coach Horseheads Varsity Girls Basketball Players

### Camp Philosophy

This camp is designed to teach and reinforce the basic fundamentals of basketball. It will also introduce some of the more advanced techniques of the game. Each camper should leave this camp with a better understanding of the game of basketball, and take with them skills and drills that will help them improve their overall game. At the end of this camp, each girl should have the necessary information and concepts to help make her the complete basketball player. This camp will also have various games, competitions, and contests to make learning basketball a fun experience.

### Camp Schedule

11:00-11:30:	Free shooting / Warm-Up
11:30-12:00:	Stations (fundamental skills and drills)
12:00-12:30:	Team & Individual Competitions
12:30-12:45:	Snack break (not supplied)
12:45-1:45:	Team Practices/Skills Competitions
1:45-2:00:	Afternoon Games